



TEANIG NG CALABARZON



TRANSPARENT | ETHICAL | ACCOUNTABLE | Official News Publication of Department of Education Region IV-A CALABARZON
Vol. II, No. 15 depedcalabarzon.ph www.facebook.com/deped.calabarzon [M depedcalabarzonpau@gmail.com](mailto:depedcalabarzonpau@gmail.com) (02) 682 5773 April 10-14, 2017

SDO Cavite City conducts Senior High School Early Registration



SHS registrants fills out forms.



Grade 10 students and their parents listen during the SHS orientation.

To answer the call on the imperatives was held at the Montano Hall Stadium and its cause, benefits, accessibility and options of the goals of Department of Education Cavite National High School Library, to vast number of audience, orient which aimed at securing and mitigating February 21-24, 2017.

access to quality basic education of all learners, SDO Cavite City, spearheaded by Dr. Rosemarie D. Torres together with the untiring support of Senior High School Division Coordinator, Rogin O. Contemprato, the 4-day 2017 Division Senior High School (SHS) Week succeeded in capacitating the incoming senior high school students which

The event was scheduled for the Caravan, Kick Off and Opening program and the Senior High School Orientation and Career Guidance which was participated by both public and private secondary schools in Cavite City.

The worthy undertaking crafted to advocate SHS and publicly inform them of



Cavite City SDS Rosemarie D. Torres (second left) with SDO Cavite City personnel and some Senior High School students at the event.

Old tires start an Arnisador's engine

Old tires can really drive an Arnis player to Antique!

Living her life with four to five old tires placed in an improvised pole for several years made her stamina strong, her wrist stable, her brain working, her journey going to several sports events complete and her mother, who is a small business entrepreneur, very proud of her own baskets of achievements.

Allona F. Bacarro, a Grade 11 student taking TVL ICT in Plaridel Integrated National High School, is making her stick gold and famous because of winning several Arnis competitions which the most recent was the Regional Sports Competition of Region IV CALABARZON held in Laguna.

A girl with fair complexion, tall, virtuous and disciplined as her friends, family and coach describe her has an admirable leadership potential which makes her coach and trainers lucky particularly when they deal with their training programs for she could direct others and do what is expected of her team.

Allona is ingenious in her training because her coach, Mr. Archer Osuna, is using an Arnis opponent made of old tires.

That Sir Archer has instructed her to hit the same improvised target for four years already; thus, making strength runs into her blood with a required passion. More so, her everyday blow has to be similar to an earthquake even after a tiring school day because that tire opponent is really though in structure.

She, only to be reminded of her adventure, started to love arnis after her exposure in volleyball and in basketball. She grabbed her first stick when she was in Grade 6 but kept it in her dresser until she was in Grade 7. After a year, she drew her destiny back to arnis playing because her school wanted to create a team that would really vie for a gold spot. Her outstanding commitment with arnis persisted up to her being a Grade 11 student who in her previous semester as an ICT student was thought of becoming gentle with computer's spare parts which if observed, is an opposite of her experience when she needs to hit her dummy for she needs to have a tough grip and a strong deliver.

"I know that she will still return hitting our finest creator of arnis champions, our improvised opponent, even after her

significant fight in the 2017 Palarong Pambansa in Antique, because it is where she can be better and stronger as a player and as a person", coach Osuna ended. (Evelyn P. Navia, Laguna Province)



Allona's improvised pole made of old tires.



Allona Bacarro (right) with teammates in action.

Team CALABARZON gears up for PALARONG PAMBANSA 2017

The Body Achieves What the Mind Believes.

Photo by Ferdinand Castro

