



The Office of Region IV-A CALABARZON to the Palarong Pambansa 2017

San Jose, Antique

April 29, 2017



**CALABARZON's pride and 5-gold medalist for Track **Veruel Vardadero** carries the torch during the ceremonial extinguishing of the Palarong Pambansa flame.**





## CALABARZON defeats Davao Region, 3-1

### *Claims gold in 2017 Palarong Pambansa*

Text and Photo: Marlon T. Bedua, Amadeo NHS

**SIBALOM, ANTIQUE - After 4 years of failing to claim championship title, CALABARZON Secondary Volleyball Boys set the bar to take the job done after winning against Davao Region in a four grueling sets and bag the gold medal of the 2017 Palarong Pambansa, April 29.**

The red-hot spikers overcame a one set deficit and prevented the reign of Region XI in the finals to secure 25-23, 24-26, 26-24 and 25-20 victory.

With one set a-piece, both teams tried to out-score one another in succeeding sets but CALABARZON team snatched the third with just a two-point lead after the first deuce and carried the momentum in the fourth and final set.

During the first set, Davao managed to challenge IV-A with eight to one run, 10-4, due to poor reception. They continued to pull ahead and even obtained a lead of eight points, 12-20.

Being reminded of the goal after the time out by Coach Rustico

Camanguian, CALABARZON's squad hitting percentage increased attributed also to better receive at the latter part making their version of run (13 to 4) and finish the set 25-23.

With energy on its side, Davao region capitalized on the opponent's 15 unforced error and was able to finish the second set 24-26.

The thrill of the second set was replicated in the third when both teams posted 24 points. Ravanne Zhimond Chenilla, however, was quick to assure the team of the advantage giving the ball to Angelo Almendras who delivered a successful cross-court hit. The set is closed with Joshua Retamar's service ace, 26-24.

Region IV-A carried on the winning spirit to the fourth set and roared to a 15-9 advantage in the middle. Kenneth Culabat made known of his presence making a roll at the last set, earning his 6 of 13 points which helped to seal the game at 25-20.

Palarong Pambansa best outside hitter, Angelo Almendras finished with 17 points while Joshua Retamar, the Most Valuable Player added 14. John Mark Ronquillo was also hailed as the Paloro Best Blocker and Eljeanne MartinezAs the Best Libero.

Completing the team are JC Tubog, Vincent John Caberte, Amiel Klyde Obay, Neil Pedraja, John Solideo, and Johnlee Juntilla.





CALABARZON ace player connects on a drop shot off NCR defenders during the Palarong Pambansa Volleyball Finals for Women's secondary.

## CALABARZON dethrones NCR in 5-set volleyball finals thriller

Text : Patrick Kenneth T. Coquilla, Trece Martires City NHS | Photo: John Aaron Metierre

**ANTIQUE, Philippines - NCR may have gotten most of the individual honors, but CALABARZON captured the crown which mattered most. With revenge fresh from their minds after last year's defeat, CALABARZON deployed a total team effort and finished their archrival National Capital Region (NCR) in five grueling sets to steal the most-coveted gold medal in the Palarong Pambansa 2017 Volleyball secondary girls' tournament on Saturday, April 29.**

The De La Salle Lipa squad - though clearly undersized - rode on the heroics of their reliable twin towers, Most Valuable Player (MVP) and Best Opposite Spiker Allysa Jae Solomon and Best Blocker Alleiah Malaluan, to finally dethrone the two-time defending champions Kings Montessori School by 25-19, 25-16, 25-16, 15-9.

After lousy starts in the first two periods, the Batangueñas tightened up their net and floor defense and bombarded NCR with loaded serves and slowly took the momentum on their side with an identical 25-16 triumph in the third and fourth sets.

"We just stuck on our game plan. We never got rattled when we became down by two sets because

that's what our team is. We are always ready for this kind of situations and luckily things worked well for us," said CALABARZON ace player Solomon after the match.

"Naging motivation namin yung pagkatalo last year para ibigay lahat at bumawi talaga this year," she added.

Solomon spearheaded the surging CALABARZON in the fourth set with a vicious 10-3 bomb composed of swift spikes and strong attacks to force the match into a deciding set.

The red hot Southern Luzon volleybelles never looked back until the game-clinching point.

The tournament's MVP lived up to the crowd's cheers and continued to hit crucial spikes as her teammates

backed her up with their vaunted net and floor defense to complete their comeback campaign.

NCR, however, managed to take advantage on CALABARZON's slow start and pushed the squad to commit miscommunication errors and dominantly take the beginning two sets.

Meanwhile, Western Visayas improved their previous year's fifth place finish as it clinched the bronze medal this time.

NCR bagged three special awards - Best Setter Louie Romero, Best Libero Andrianna Centeno and Best Outside Hitter Lucille Almonte.

The Best Server honor was handed to Western Visayas athlete Elina Piosca.







The flame from Palarong Pambansa torch was finally extinguished last April 29. With cheers of happiness and a round of applause from the athletes, trainers, and coaches coming from all over the country, the long week battle has finally come to a close. It was indeed a treat, to hear the cries of triumph of each region who were declared winners in the different categories.

But for the delegates of Team CALABARZON it was more than just having a happy feeling being victors in the competition. A stressful but heart warming and fulfilling journey, the Palarong Pambansa showcased once again that Region IV-A CALABARZON is where EXCELLENCE is a culture and QUALITY is a commitment.







**2nd Runner-up in  
Elementary Division**



**1st Runner-up in  
Secondary Division**





**Champion in  
Special Games**



**2nd Place as the Most  
Disciplined Delegation**



**3rd Place as the  
Most Organized  
Delegation**



**3rd Place as Cleanest,  
Greenest & Eco-  
friendliest Delegation**





# CALABARZON finishes 2nd in 2017 Palarong Pambansa

***Flaunts 41 gold, 57 silver, 57 bronze***

Text: Arlene D. Dela Costa, Tanza National Comprehensive High School

Photo: John Derick M. Sanchez, Division of Laguna

**SAN JOSE, Antique—CALABARZON 4A harvested 41 gold, 57 silver, and 57 bronze to land at second spot on the over-all result of 2017 Palarong Pambansa held in Binirayan Sports Complex.**

On the other hand, the National Capital Region (NCRAA) retained Palarong Pamabansa crown as it clinched first place with 98 gold, 66 silver and 45 bronze while Western Visayas Region VI gathered 38 gold, 49 silver and 40 bronze to settle on third sport.

In Paragames, CALABARZON landed on first place to topple Western Visayas Region VI on second podium while Davao Region XI settled for the third spot.

CALABARZON concluded the Regular Sports Secondary and Elementary on second and third dais respectively.

Though down to clinch the Best Billeting, CALABARZON, however, received third place in Cleanest, Greenest and Eco-friendly and Most Organized Delegation and awarded as second Most Discipline Delegation. The Negros Island Region (NIR) collected first place in all special awards—Most Organized; Cleanest,

Greenest and Eco-friendly; and Best Billeting—while it received third place in Most Discipline.

The Most Discipline delegation is awarded to Davao Region as first place. Best in Uniform is given to Northern Mindanao Region while Best in Salute is awarded to Bicol Region.

Meanwhile, cash prize is given to recipient of special awards: first place received P30 thousand; second place got P20 thousand; and third place is given P10 thousand.



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